

# Beauty and Relax

<i>Massages</i>	
<b>Partial classic massage</b> 15 min. / 25 min.	40 PLN / 70 PLN
<b>Whole body classic massage</b> 55 min.	140 PLN
<b>Relaxation massage</b> 25 min. / 55 min.	70 PLN / 140 PLN
<b>Head massage</b> 20 min. (Procedure provides good mood and relaxation. Our own pressed sesame oil works regenerating, nourishing and toughening for hair and skin).	70 PLN
<b>Chocolate dream massage</b> 25 min. / 55 min. (Relaxing massage performed using natural, hot chocolate mixed with grape seed oil pressed in our hotel)	85 PLN / 170 zł
<b>Hot stones massage</b> 25 min. / 55 min.	80 PLN / 160 PLN
<b>Chinese bubble massage</b> 25 min.	75 PLN
<b>Face, neck and necline massage</b> 20 min.	70 PLN
<b>Feast of senses</b> 75 min. (aromatherapeutic whole body massage combined with face and head massage using individually chosen scent of shea butter)	190 PLN
<i>Cleansing procedures</i>	
<b>Silky whole body peeling</b> 25 min. (Smoothing whole body peeling based on shea butter, japan cherry, ginkgo and english plantain extracts)	110 PLN
<b>Sweet cleanse</b> 25 min. (chocolate-coffee whole body peeling which firms the skin)	110 PLN
<i>Body Rituals</i>	
<b>Vitamin bomb</b> 50 min. (magnesium bath + classic partial massage with nourishing oils)	120 PLN
<b>Partial ritual – Black gold</b> 45 min. / 75 min. (Intensively regenerating and relaxing body procedure dedicated for men. Mud compress + classic massage)	110 PLN / 220 PLN
<b>SINCELL by VAGHEGGI</b> (Anticellulite body procedure performed in 3 options: <b>SINCELL 1</b> - peeling + draining mud mask + serum + bandages + mechanical boa lymphatic drainage + cream <b>120 min. 440 zł</b> <b>SINCELL 2</b> – peeling + serum + bandages + cream <b>75 min. 300 zł</b> <b>SINCELL 3</b> – peeling + draining mud + cream <b>60 min. 230 zł</b>	From 230 PLN
<b>FUOCO by VAGHEGGI</b> (Intensively firming and body modeling procedure performed in two options:: <b>FUOCO 1</b> – peeling + volcanic stone massage + heating mud mask + cream <b>90 min. 350 zł</b> <b>FUOCO 2</b> – cleansing the body with a smoothing gel + anticellulite concentrate + heating mud maska + cream <b>60 min. 230 zł.</b>	from 230 PLN
<b>IRRITUAL SPA by VAGHEGGI</b> 100 min. (Extremely realing ritual with 3 scent options to choose: wood essence, flower essence or fruit essence. Procedure steps: body peeling + compress + aromatherapy relaxing massage. There is a possibility to exchange the compress for a milk bath. Extra charge +30 zł.	320 PLN

## Face Treatments

<b>EMOZIONI</b> by VAGHEGGI 60 min. <i>(Procedure dedicated to sensitive skin with high intolerance risk)</i>	210 PLN
<b>DELAY INFINITY</b> by VAGHEGGI 60 min. <i>(Anti-agig procedure)</i>	220 PLN
<b>LIME C</b> by VAGHEGGI 60 min. <i>(Regenerating procedure)</i>	230 PLN
<b>WHITE MOON</b> by VAGHEGGI 60 min. <i>(Highlighting procedure)</i>	170 PLN
<b>REHYDRA</b> by VAGHEGGI 60 min. <i>(Depply moisturizing procedure)</i>	160 PLN
<b>75.15 Exclusive</b> by VAGHEGGI <i>Exclusive anti-wrinkle treatment for face and eye</i>	370 PLN
<b>75.15 Exclusive II</b> by VAGHEGGI <i>Exclusive anti-wrinkle treatment for the eye</i>	130 PLN

## Hand and foot care

<b>Light feet</b> 25 min. <i>(Relaxing feet massage with salt peeling + feet massage on draining oil. Massage smoothes, improves blood circulation and eliminates the feeling of heavy legs)</i>	80 PLN
<b>Silky hand manicure</b> (peeling + serum + mask + cream) 25 min.	80 PLN

## Beauty Baths

<b>Milk and honey bath</b> 25 min. <i>(Relaxing silky smooth bath with goat milk and honey. Nourishes, relaxes and moisturizes the skin)</i>	50 PLN
<b>Magnesium bath</b> 25 min.	50 PLN
<b>Pearl bath with aromatherapy salt</b> 20 min.	40 PLN
<b>Pearl bath</b> 20 min.	30 PLN
<b>Brine bath</b> 20 min.	40 PLN
<b>Hydromassage</b> 20 min.	30 PLN
<b>Hydromassage with aromatherapy salt</b> 20 min.	40 PLN
<b>Mud bath</b> 20 min.	40 PLN

## Fun Kids Spa - Procedures for children

<b>Gourmand's heaven</b> 30 min. <i>(hot, edible chocolate massage)</i>	85 PLN
<b>Bambino bubble bath</b> 20 min. <i>(a delicate, silky texture fruit bath)</i>	45 PLN
<b>Juicy mango – massage + suprise</b> 20 min. <i>(relaxing whole body massage performed on cotton oil with a juicy mango scent)</i>	60 PLN

**Book your treatment: +48 74 306 76 77**

# Medical and regenerating treatments

(2019 Pricelist)

<i>Balneologic treatments and hydrotherapy</i>	
Pearl bath	30 PLN
Brine bath	40 PLN
Magnesium bath	50 PLN
Hydromassage	30 PLN
Hydromassage with aromatherapy salt	40 PLN
Whirlpool bath (arms or legs)	16 PLN
deep whirlpool leg bath	18 PLN
Paraffin compress	20 PLN
Medicinal mud compress	30 PLN
Medicinal mud bath	40 PLN
<i>Physical treatments</i>	
Laser	12 PLN
Bioptron lamp, Solux lamp	12 PLN
Iodine-bromine inhalations	12 PLN
Ultrasounds	15 PLN
Partial cryotherapy	12 PLN
Lymphatic drainage (arms/legs)	25 PLN
Magnetic field	15 PLN
Iontophoresis	15 PLN
Galvanization, Diadynamics	12 PLN
Tens, Interference, Koetz, Traebert currents	12 PLN
<i>Kinesitherapeutic treatments</i>	
Group gymnastics (20 min.) (10-15 osób)	10 PLN
UGUL excercises	30 PLN
Water gymnastics (20 min.)	10 PLN
<i>Other treatments (charged extra)</i>	
*Pain relief therapy (30 min.)	80 PLN
* Dry needling/ needle therapy	70 PLN
*Aquavibron (10 min.)	25 PLN
*Underwater massage (15 min.)	45 PLN
*Skalab (10 min.)	20 PLN
*Acupressure (30 min.)	60 PLN

..... - medical consultation necessary

\* - is not a part of the medical package